



WELCOME

PERSONAL INFORMATION

Patient Name: _____ Preferred Name: _____

Birthdate: ____/____/____ Age: _____ Male Female Weight: _____ lbs. Height: ____ Ft. ____ In.

Mailing Address: _____ City: _____ State: _____ Zip: _____

Primary Contact Number: _____ Email: _____

Referred By: _____

Employer: _____ Occupation: _____

What pregnancy is this for you? 1st 2nd 3rd 4th What is your due date? _____

Who is your (circle all that apply) midwife, OB/GYN, or doula? Name(s): _____

Phone number(s): (____) _____ Phone number(s): (____) _____

Text Reminders: You will receive a text four hours before your reserved appointment.

REASON FOR VISIT

What is your primary pain/complaint? _____

Describe the quality of your primary pain/complaint, is it (circle any that apply): burning, crushing, dull, sharp, tearing, or tingling?

*Is there any pattern to the quality of your pain, such as (circle all that apply): constant, intermittent, or throbbing?

*On a scale of 0-10, with 10 being the greatest pain, what is your pain rating when you are suffering (circle a number): 0 1 2 3 4 5 6 7 8 9 10?

What date did you first notice your primary pain/complaint? _____

Did something cause your primary pain/complaint to begin? _____

If you saw any doctor or health care practitioner for your primary pain/complaint, please list their names and what they did, or prescribed, for you:

Doctor/Health Practitioner's Name:	What they did, or prescribed, for you:

Do you have a significant other or are you married? (Circle an answer): Yes No? If yes, please list their name and relationship to you. _____

Do you have any children (Circle an answer): Yes No? If yes, please list their name(s) and age(s)?

Name(s):	Age(s):

HEALTH HISTORY

Are you experiencing any of the following? None

- | | | | |
|------------------------------------|--|---|---|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Arm/Leg Pain | <input type="checkbox"/> Digestive Issues | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Leg/Foot Pain | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Nausea/Vomiting |
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Difficulty Sleeping | <input type="checkbox"/> Depression | <input type="checkbox"/> Gestational Diabetes |

Are you taking any of the following medications?

- | | | | |
|---|---|--|------------------------------------|
| <input type="checkbox"/> Nerve Pills | <input type="checkbox"/> Pain Killers (Including Aspirin) | <input type="checkbox"/> Muscle Relaxers | <input type="checkbox"/> None |
| <input type="checkbox"/> Blood Thinners | <input type="checkbox"/> Stimulants | <input type="checkbox"/> Insulin | <input type="checkbox"/> Other (s) |

Do you have or ever had any of the following conditions? (Please check all that apply.) None

- | | | | |
|--|---|--|--|
| <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Heart Surgery/Pacemaker | <input type="checkbox"/> Heart Murmur | <input type="checkbox"/> Congenital Heart Defect |
| <input type="checkbox"/> Mitral Valve Prolapse | <input type="checkbox"/> Artificial Valves | <input type="checkbox"/> Alcohol/Drug Abuse | <input type="checkbox"/> Venereal Disease |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> HIV+/AIDS | <input type="checkbox"/> Shingles | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Frequent Neck Pain | <input type="checkbox"/> Emphysema/Glaucoma | <input type="checkbox"/> Anemia | <input type="checkbox"/> High/Low Blood Pressure |
| <input type="checkbox"/> Psychiatric Problems | <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Severe/Frequent Headaches | <input type="checkbox"/> Kidney Problems |
| <input type="checkbox"/> Ulcers/Colitis | <input type="checkbox"/> Fainting/Seizures/Epilepsy | <input type="checkbox"/> Sinus Problems | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Diabetes/Tuberculosis | <input type="checkbox"/> Difficulty Breathing | <input type="checkbox"/> Chemotherapy | <input type="checkbox"/> Lower Back Problems |
| <input type="checkbox"/> Artificial Bones/Joints | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Constipation | <input type="checkbox"/> Diarrhea |

Please list any other serious medical conditions your child has or ever had: _____

The Birth Process:

The birth process can injure a baby's spine and cause damage to their delicate Nervous system. Research is showing that many of the health challenges that occur later in life have their origins during the development years, some starting at birth.

Please note your experience with a previous pregnancy (if this is your first pregnancy, please skip).

Location:

- Home
- Natural Birth Center
- Hospital

Intervention:

- Caesarian Section
- Episiotomy
- Forceps Delivery
- Vacuum Extraction
- Induced Labor
- Epidural

Labor, Delivery & Afterbirth

- Creech Presentation
- Transverse Lie
- Post-Partum Depression
- Difficulty Breastfeeding
- Other: _____

Previous Injuries, Surgeries, Hospitalizations: **Injuries include car accidents, athletic injuries.*

Date:	Type:	Treatment & Outcome
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please list ALL Current Medications: (Prescription and over-the-counter)

Name & Dosage:	Reason for taking:
_____	_____
_____	_____
_____	_____

Please List ALL Current Supplements:

Name & Dosage:	Reason for taking:
_____	_____
_____	_____
_____	_____

**continued on next page*

CONSENT TO CHIROPRACTIC CARE

- You are invited to discuss, with staff, any questions regarding services in the office. The best health services are based on friendly, mutual understanding between provider and patient.
- I authorize the staff to perform any necessary services needed during diagnosis and treatment. I also authorize the provider and or managed care organization, to release any information required to process insurance claims.
- I understand the above information and guarantee this form was completed correctly to the best of my knowledge and understand it is my responsibility to inform this office of any changes to the information I have provided.
- I hereby authorize assignment of my insurance rights and benefits directly to the provider for services rendered. I fully understand I am solely responsible for any balance not paid for by my insurance company (if offered at this office.)
- I hereby authorize the Dr.'s of Ideal Chiropractic Health Center and whomever he may designate as his assistants to examine and administer chiropractic care as he so deems necessary to the person listed below,
(Patient's name) _____

Signature: _____ Date: _____